



# CRANEBROOK WHAT'S ON TERM 3 2010

## Babies and Pre-schoolers

**ABORIGINAL PLAYGROUP** at Kooly Family Centre 1 Kington Place, Fridays 10am to 12noon - Aboriginal families with children birth to 5 years Ph: Carolyn 4729 3907

**BRADDOCK PLAYTIME** playgroup at Braddock Public School Mondays 9.00am to 11.00am - families with children birth to 5 years - Free Ph: Toni on 4729 3907

**CHEEKY MONKEYS** playgroup at Cranebrook Neighbourhood Centre Hosking St, last 3 Fridays each month 10am to 12pm families with children birth to 5 years - Ph: Christine 0449 146 533

**EARLY CHILDHOOD DROP IN CLINIC** at Cranebrook Community Health Mondays 9am to 11am for families with children birth to 5 years Ph: 1800 222 608

**EARLY PARENTING SUPPORT GROUP** at Cranebrook Community Health Mondays 10am to 11:30am for first time parents with babies aged 0 to 12 weeks - Ph: 4730 5100

**MOBILE PLAYVAN** at Andromeda Drive Community Centre Tuesdays 9.30am to 11.30am - for families with children birth to 5 years Ph: 4732 7678

**PLAYGYM** at Cranebrook Community Health Thursdays - families with 2 to 5yr olds Bookings essential Ph: 1800 222 608

**TINY TOMS PLAY CENTRE** at St Thomas Anglican, Callisto Dr Thursdays 10.00am to 11:30-for families with children birth to 6 years, cost \$1 per wk or \$ 5 per term Ph: Louise 0425 792 189

## Primary School Kids

**BREAKFAST CLUB** at Cranebrook Neighbourhood Centre Mon to Fri 7.30 to 8.45 am - Hot brekky every Wed - Aboriginal Project open to all local school kids Ph: Sharon on 4729 3907

**JATZ KIDS CLUB** - at St Thomas Anglican, Callisto Drive Wednesday 4pm to 5.30pm - for kindy to yr 3 Ph: 4730 3434

**JAZZ AND HIP HOP DANCE** at Samuel Terry Public School Monday afternoons Ph: Renata 0412 958 462

**PHYSICAL CULTURE** at Samuel Terry Public School Tuesday afternoons ages 3+ Ph: Fiona 0414 911 055

**SPY YOUTH GROUP** at St Thomas Anglican Thursdays 6.00pm to 7.30pm for kids in primary years 4 -6 Ph: 4730 3434

## General

**BUSH CARE GROUP** - Learn about native plants and animals and do something positive for the environment. Cnr Vincent Rd and Grays Lane. All tools, gloves and training provided. Next gathering on Sunday 4 July at 9am. Contact Geoff 0431 222 602 or 4729 3546

**CRANEBROOK TECHNOLOGY CENTRE** - use the computer or access the internet, 17 Progress Way open Wednesdays from 1:30 to 3:30pm Ph: Monica 47293907 or 0408 277 204

**CRANEBROOK COMMUNITY GARDEN** - planting, weeding, watering, harvesting all welcome Wed 21st July, 18th August, 15th September 3:30 to 4:30pm ph: Monica 4729 3907 or 0408 277 204

**DRUG AND ALCOHOL COUNSELLING** Cranebrook Community Health, to arrange appointment Ph: 1800 222 608

**FAMILY BBQ FOOTHILLS CHURCH** at Progress Way Car park Fridays 6.00 to 7.30pm for all families Ph: 4732 3139

**FREESTYLE MARTIAL ARTS** at Cranebrook N'hood Centre Mondays & Wednesday 6.30pm to 7.30pm Ph: 0421 914 131

**JUSTICE OF THE PEACE SERVICE** at Cranebrook N'hood Centre every Wednesday 10am to 12pm Ph: Nerida on 4729 0442

**KARATE** at Samuel Terry Public School Fridays 6.30 to 8.00pm Sundays 10.30am to 12 noon - Ph: 9696 0539 or 0421 211 765

**KOORI OUTREACH SERVICES** at 1 Kington Pl, includes Housing NSW, Centrelink, Health Worker, Fair Trading, Court Support - for information Ph: 4729 3907

**PARENTING PROGRAM** - Cranebrook Community Health, 7pm to 9pm Bookings essential Ph: 1800 222 608

**ST VINCENT DE PAUL EMERGENCY ASSISTANCE** in Cranebrook - food, clothing, elec and water vouchers Ph:4731 5900

**ABORIGINAL TAFE OUTREACH** at Cranebrook N'hood Centre Mon 10am to 12:30pm for Aboriginal residents Ph: 47290442

**TAEKWONDO** at Henry Fulton Public School Monday nights. Min age 4 to adult. Ph: Peter Jones 0416 264 566 1st lesson is free

## Seniors

**ELDERS GROUP** at Muru Mittagarr, Fri 10 - 2pm for 45yrs+ Aboriginal seniors, Transport available Ph: Kathy on 4729 0442

**SENIOR WOMEN'S GROUP** at Cranebrook N'hood Centre Thursdays 10am to 12noon contact Nerida 4729 0442

## Young People

**BARNARDOS YOUTH GROUP** at Hosking St alternate Thursdays for 12 to 18 yrs - **OUTREACH** after 4pm alternate Thursdays look out for the white bus Ph: Marcello on 4729 1211

**BREAKFAST CLUB** at Cranebrook Neighbourhood Centre Mon to Fri 7.30 to 8.45 am - Hot brekky every Wed - Aboriginal Project open to all local school kids Ph: Sharon on 4729 3907

**FRIDAY NITE LIVE** at St Thomas Anglican Fri 7.30 -9.30pm - youth group for school years 7, 8, 9 Ph: Cameron 0421316417

**FUSION YOUTH SERVICES - CRANEBROOK** Drop-In on TUE & WED from 3-6pm for young people aged 11-18 years

Lunchtime Program on WED at Cranebrook High School. Ph 8805 5900 or 4730 3477 4 Gunnell Place Cranebrook

**STUFF** at St Thomas Anglican Fridays 7.30 to 10.00pm - youth group for High school years 10, 11, 12 Ph: Cameron 0421316417

**YOUTH GROUP AT COC** outreach cnr Hosking/Laycock sts Friday nights 7.15pm contact Tim 0402 689 554

**YOUNG ADULTS CRAVE** outreach cnr Hosking/Laycock sts 1st Friday of the month from 9.00pm contact Julie 0402 707 596

## Women

**KOORI CUPPA TIME** at Kooly Wed 10am to 2pm Transport, lunch and childcare provided - for Aboriginal women, Ph: Sharon 4729 3907

**KOORI YOUNG MUMS GROUP** at Kooly every 2nd Thurs for Koori women 16 to 25 yrs expecting or experiencing motherhood, bookings essential phone Bronwyn 4729 3907

**MAKE TIME WOMEN'S GROUP** at Cranebrook N'hood Centre Tuesdays 9.30am to 11.30am - social group for all women Ph: Nerida on 4729 0442 or Toni 4729 3907

**MOPS** at St Thomas Anglican 4th Thurs 10.00am to 12noon - mums group with children birth to 5 years Ph: 4730 3434

**WISHES GROUP** at Barnardos Hosking St Wed 10am to 2pm - social group for all women, childcare incl Ph: Ruth on 4729 1211

A Project of the Cranebrook NAB - Produced by Spyns Inc  
contact Toni Trent on Ph: 4729 3907 or email: [toni@spyns.org.au](mailto:toni@spyns.org.au)

# School Holiday Happenings in Cranebrook - July 2010

## Fun at the Garden Monday 12 July 2010

**12 to 2pm**  
**Cranebrook Community Garden**  
**Warndon Road Cranebrook**

Gardening, kids craft, puppets and rhymes, BBQ and drinks

**Come along and get into the garden**

**ALL FREE**

Contact Monica at Spyns on 4729 3907  
or 0408 277 204

Cancelled if raining



Spyns Inc.



For more information  
about what's on in the  
school holidays contact

Penrith City Library on  
4732 7891

or



Penrith Valley Visitors  
Centre on  
1300 736 836

## NAIDOC

National Aboriginal and  
Islander Day  
of Celebration

**Friday 9 July 2010**

**10.30am to 3.00pm**

Jamison Park York Rd South Penrith

Free bus from Cranebrook and

Kingswood Park

Bookings Essential ring Casey on

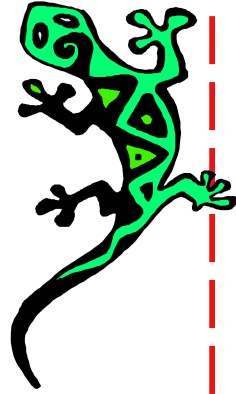
4721 8520

BBQ, Dancers, Craft, Rides, Info  
stalls, Entertainment, Animal Farm

Kids books, Touch Footy and

Netball comps

**All Welcome**



## Fusion Youth Services - Cranebrook

6/7 Drop In: 11am – 3pm Soccer World Cup Fiesta and the usual fun stuff, **FREE**

7/7 Outing: 9am-5pm to Luna Park, **Cost: \$29**

8/7 Outing: 9am-3pm Beach and Fishing at the Central Coast Lunch provided, **FREE**

9/7 Outing: 9am-3pm to NAIDOC festival Jamison Pk, **FREE**

12/7 Outing: 10am-2pm Bowling and Lazer Skirmish Rooty Hill, **Cost: \$18.50**

13/7 Outing: 9am-5pm Skate Park Hop or 10am-4pm Ryde Swimming Pools, **BYO lunch or bring money**

14/7 Outing: 11am-3pm Hip Hop Touch Footy Bidwill PCYC Lunch provided, **FREE**

15/7 Outing 8:30am - 6pm The Amazing Race team photo scavenger hunt around the City, **(free lunch) Cost: \$5**

Drop In at Gunnell Place Cranebrook **Ring Daniel or Trudy on 8805 5900**



A Project of the Cranebrook Neighbourhood  
Advisory Board - Produced by Spyns Inc  
For information about '**School Holiday  
Happenings**' contact Toni Trent on Ph:  
4729 3907 or email: [toni@spyns.org.au](mailto:toni@spyns.org.au)

