

Nepean Young Pregnancy Support

A Group for young women

Who are pregnant or about to give birth

The group runs over two terms with a break for school holidays. We meet Wednesday mornings with guest speakers on relevant topics & morning tea provided.

FREE to attend bring your friend parent or support person.



We meet at:

The Warehouse Youth Health Centre
13 Reserve St, Penrith
10.30-12.30

For more information call:

Barbara on 47 22 38 11 or

Laura on 47 33 1499

Therese 47 20 3700

Rose on 47 20 3700

Meet other young women in a friendly and supportive environment, bring a friend. Find out about services available to you in a safe space.

Learn about care of yourself and your baby before birth.

Get information to help you make healthy life choices.

Nepean Young pregnancy support group is an unfunded collaborative project supported by Nepean Interyouth Services, Spyns Inc, Nepean Youth Accommodation Services & Family Planning NSW—The Warehouse Youth Health Centre